

NY-Conn Speaker's Resource

NY-Conn Speaker's Resource is a list of professionals who have expressed an interest in speaking at local community events. All topics are educational. Before contacting a speaker from the list, consider the appropriateness of their topic to your audience. The best speaker-audience matches are when the speaker can address a need or interest of your audience.

To be added to the list or for questions about the list, please contact Melanie Szlucha at Melanie@redinc.biz, or 203-866-1606. I encourage you to contact individual speakers to book them for your organization.

<p>Presentation and Communication Skills Gilda Bonanno Stamford, CT Ph: 203.979.5117 Email: gildabonanno@gmail.com Topic Descriptions:</p> <ul style="list-style-type: none"> • Public Speaking Doesn't Have to Be a Nightmare • Using Humor to Improve Your Leadership Skills • Break Out of Your Comfort Zone • Presentation Skills for Project Managers 	<p>Leadership, Life Coaching, Presentation Skills and Success Strategies Deidre Boone De Boone Consulting Norwalk, CT www.debooneconsulting.com Ph: 203.853.4609, Cell: 203.554.3892 Email: info@debooneconsulting.com Topic Descriptions:</p> <ul style="list-style-type: none"> • Effective Leadership Principles for Successful Leaders. • Overcoming the fear of public speaking. • Discovering "The Secret", How To Create the Life You Want.
<p>Entrepreneurial Resources Meg Carey Ideas Incorporated LLC Trumbull, CT www.ideasincorporated.biz Ph: 917.843.4087 Email: ideasinllc@sbcglobal.net Topic Descriptions:</p> <ul style="list-style-type: none"> • Entrepreneurial Ethics • Taking Yourself Seriously 	<p>Sales Strategies Gene D'Agostino TEM Associates New York City and Connecticut www.temassociates.com/gd Ph: 203.530.1908 Email: Gened@temassociates.com Topic Description:</p> <ul style="list-style-type: none"> • Non-Traditional Sales Strategies Sell More...NOW!
<p>Optimal Health Expert, Author, Personal Fitness Trainer Kevin Gianni Live Awesome Danbury, CT Ph: 203.739.0035 www.LiveAwesome.com Email: kevin@liveawesome.com Topic Descriptions:</p> <ul style="list-style-type: none"> • The 7 Health and Fitness Lies and How They're Stopping You. • How to Juggle the Family, Your Busy Schedule, and Your Health and Fitness to Get the Results You Want. • Optimal Health for Busy People. • How to Eat for Maximum Energy in the Least Amount of Time. 	<p>Computer Training Ronny Kaplan Computer Training Solutions Stamford, CT Ph: 203.329.2421 Email: Ronny@ComputerTrainingSolutions.biz Topic Descriptions:</p> <ul style="list-style-type: none"> • How to Use your Software More Effectively - Tips & Tricks for MSOffice programs. Is It Time to Upgrade?

Contracting

Chris Kelly
 Christopher Kelly, LLC
 Norwalk, CT
Ph: 203.918.0296
Email: ckellyllc@optonline.net

Topic Description:

- General contracting. Call or email for more details.

Technology

Marcus Lee
 Circulent
 Darien, CT
www.circulent.com
Ph: 203.655.2900
Email: Marcus.lee@Circulent.com

Topic Description:

- Leveraging Technology to Avoid Statutory Penalties.

Stress Management, Yoga and Meditation, Holistic Psychotherapy

Ben Spang, LCSW, M.Ed.
 Psychotherapist, Certified Yoga Instructor
 Stamford, CT
Phone: .203.249.2701
Email: bpspang@sbcglobal.net
www.benspang.com

Topic Description:

- Stress Management Tools and Techniques
- Discovering and Living Your Life Purpose
- Yoga and Meditation for Personal/Spiritual Healing and Transformation.

Job Interviewing, Presentation Skills, Writing Effective Sales Copy and Marketing Pieces

Melanie Szlucha
 Red Inc.
 Norwalk, CT
www.redinc.biz
Ph: 203.866.1606
Email: Melanie@Redinc.biz

Topic Descriptions:

- More Effective Job Interviewing Techniques for Managers and Candidates.

How to Construct and Give Effective Presentations for Any Audience.

Leadership Expert, Executive and Life Coach

Mitch Tublin
 LMI
 Stamford, CT
www.strategic-ag.com
Ph: 203.561.2955
Email: solv4u@hotmail.com

Topic Descriptions:

- Improving Communication in the Era of Email.
- Effective Leadership Techniques. Teambuilding.

Financial Planning

Greg Smith
 Merrill Lynch
 Stamford, CT
Ph: 203.356.8765
Email: Gregory_c_smith@ml.com

Topic Descriptions:

- Managing Job Transitions: Planned and Unplanned.
- Home Financing Seminar.
- Fundamental Issues Confronting Families.

Health and Wellness

Dr. Brian Yomtov
 Chiropractor in private practice
 Stamford, CT
Phone: 203.316.8477
Email: dryomtov@yahoo.com

Topic Descriptions:

- Mental and Physical Health and Wellness.